

Yates Substance Abuse Coalition Meeting Minutes
January 22, 2020- Meeting 3:00 Pm
PY Methodist Church Fellowship Hall



Members Present: Doug Brooks, Michael Salotto, Scott Backer, George Roets, James Warren, Herb Snyder, Lauren Snyder, Idelle Dillon, Sean Ahearn, Carlie Chilson, Patty Larzelere, Deb Minor, Charles Emerson, and Kathy Swarhout.

Mission: To engage, advocate, inform, and bring awareness of alcohol and other substance abuse issues through education, prevention, enforcement, and treatment to build a healthy, safe, and substance abuse-free community.

TOPIC	DISCUSSION	ACTION	TIMELINE – WHO IS RESPONSIBLE
1. Mission & Vision	To engage, advocate, inform, and bring awareness of alcohol and other substance abuse issues through education, prevention, enforcement, and treatment to build a healthy, safe, and substance abuse-free community.		
2. Financial report	James reported that the YSAC balance on the books at the Council on Alcoholism & Addictions of the Finger Lakes is presently \$10,260 .		
3. Update on the progress of the Youth Survey	George reported he has had contact with the manager of Evalumetrics with the intention of doing the survey for the 2 school districts this year. The cost for the survey and results is \$2000. At this point in time, George has not approached the Marcus Whitman District about doing the survey in their grades. The Penn Yan Central School District is prepared to do the survey this year, but as of yet, no date has been identified.		

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	<p>George reports we do have the organization to supply the survey, but there is nothing in the budget to pay for this. There has been 2-3 years between the cycles of offering the survey. And, there may have been data from 3 different cycles before this one.</p> <p>Deb shared that Schuyler County does a survey every year, but uses a different company. That survey has an automatic consent, so parents would have to “opt out” if they do not want their students to take the survey.</p> <p>George reported that the Evalumetrics youth survey includes strengths/weaknesses and risks. The grade range for this survey is from Middle School through High School students and is done on-line. The survey asks questions about the students’ lives, but is anonymous. The results are focused on measuring the ability of the child’s resilience. If YSAC chooses, mental health issues can be added.</p> <p>Data from the survey measures experience with drugs, alcohol, tobacco, risk-taking behaviors, and activities within the community.</p>	<p>Idelle made a motion for YSAC to pay the \$2000 charge for the survey from Evalumetrics. Lauren and Patti both seconded the motion.</p> <p>Vote taken by members present and motion passed.</p> <p>Since the Council on Alcoholism holds the YSAC funds, it will contract with Evalumetrics to</p>	<p>-George to follow up and possibly arrange for survey distribution in March 2020.</p>
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<p>4. Columbia Grant</p>	<p>The data that YSAC will receive is County-wide data, not individual school data. The data is not identifiable. However, the schools will get their own data separately.</p> <p>George spoke about collaboration with the Columbia University grant. First phase –we will proceed as a study group and complete a survey of members of the Coalition and community. The grant organizers will reach out through email addresses and interviews in person or a survey on-line. YSAC asks that anyone receiving the survey please be supportive of the grant and complete the survey. The specific focus of the survey is on opiate use/abuse and deaths cause by opiate use. The information will be collected</p> <p>After the second year – the grantor will come to the group and YSAC will decide how best to use the funds to serve our community. YSAC members will serve as an “advisory group”.</p>	<p>conduct the survey in the Yates schools.</p> <p>Although the survey was first sent out in December, they will ask anyone who has not completed it to open it again and complete the survey. It should take about ½ hour or so.</p> <p>Idelle asked if members missed the email about the survey. Please check and if it has been lost, it will be sent again.</p> <p>The goal of the grant is to reduce overdoses and deaths in our community. Aa part of the grant, a full time grant coordinator and a data person will be hired for the duration of the grant.</p>	
<p>5. Committee updates</p>	<p>*Education & Outreach Committee – Idelle reported this committee met on 1-16-2020 . -Another Youth Café is in the planning stage for the Dundee School District. It</p>		

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	<p>will probably be held in May 2020. District Superintendent Kelly Houck would like to include more students in the Café approach this time around.</p>		
	<p>-The Youth Billboard concept that is utilized by Wayne County in school districts is looking promising for Yates County Schools. Wayne County put together fliers that are posted in the school bathrooms that include resources and hotlines that are helpful to the students. Wayne County encourages the students to take pictures of the information on the fliers so they can interact with the resources. Some of the resources include a national resource on vaping, and mental health hotline. Counselors are available to interact with the students when they call. *Alicia Avellaneda (Yates Youth Bureau Director) has agreed to take on the leadership role along with the Youth Board as a workgroup on this Youth Billboard project.</p>	<p>Deb mentioned that the S2AY Rural Health Network has posted a billboard on the Suicide Coalition in Steuben County. She suggested that perhaps Sara Thompson from the Yates Suicide Coalition may want to become involved with this project too.</p> <p>Lauren mentioned that the Domestic Violence coalition uses tear-off fliers in public locations very successfully.</p> <p>Ontario County is also doing this project and will gather data on use of the resources and then target the interactions with those who access the resource. Phase 1 –Middle school to college age Phase 2- Adults who access resources</p>	
<p>6. Next YSAC meeting date</p>	<p>YSAC will meet next on Wednesday, February 26th at 3:00 Pm in the</p>		

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<p>7. Community/Agency updates</p>	<p>Fellowship Hall of the Penn Yan Methodist Church.</p> <p>*Sean Ahearn reported that he talks with inmates at the Yates County Jail and last night 5 inmates graduated from Celebrate Recovery.</p> <p>Sean stated that the Corrections Officers have commented to him they have seen a big improvement in the men's behaviors and actions since participating in this program</p> <p>Tonight another group starts at the Jail with 13 men participating. Those who leave Jail plan to come to the program at the church that starts tomorrow night.</p> <p>Carlie wondered if the Gideons group could supply Bibles to the participants. Sean stated that the Celebrate Recovery Bible is specific to what an alcoholic/drug addict has gone through.</p>		
	<p>Deb spoke to the NYSDOH packet of information for health care providers on the use of Buprenorphine that was distributed to County Health Depts. for dispersal to providers.</p>		

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	<p>Discussion followed on who will go out to providers to train on how to prescribe Suboxone (Buprenorphine).</p> <ul style="list-style-type: none">-Drug Court may not accept individuals who access Buprenorphine.-Suboxone is very addictive and hard to get off.-Have to use Suboxone wisely to save lives. It may not have an exit plan under short term program.-It is considered a “Harm Reduction” model, but comes with cognitive/emotional challenges.-Deb stated she will not ask YCPH staff to go out and educate providers on prescribing Buprenorphine.-George reported that Finger Lakes Health is using MAT (Medication Assisted Treatment) in the Emergency Dept. , with a provider doing the follow-up. The focus is on getting patient off original drug. The Provider needs to be part of the process.-Treatment in Syracuse is to get outreach going to help with treatment intervention.-A sustained/intact community treatment center is needed with good		
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	<p>communication in order to treat patients with compassion and confidentiality.</p> <p>-Vivitrol is being offered to inmates in YC Jail when they leave. Jail Doctor has received more training on use of this drug. Although, there are life risks with this drug if used without any follow-up.</p> <p>Lauren asked if YSAC could get an update from FLACRA on treatment programs in progress and what kind of community support is there.</p> <p>*George reported finishing input on the national grant through the Federal “Systems of Care” program for adults and children.</p> <p>-25-39 agencies have signed on to integrate adults and children’s care – quality of life issues. A single point of entry is the goal. This plans to better involve the community, families, and children in the process.</p> <p>-HRSA grant – is a 4 year grant. Essex and Yates Counties have been chosen to participate. One full time person will help families. Upgrades will be included for school districts. Our Town RoCKS and the Living Well have been invited to participate to help as sites to direct services to people.</p>	<p>Grant needs to be submitted by February 2nd, 2020. If given to Yates, we will know by August 2020. By the end of 2020, a Systems of Care program will be created.</p>	
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	<p>-Patti spoke about an upcoming event called "Prevention Day on March 28th at St. Januarius Church in Naples from 10 Am – 3:30 Pm. Attendance, childcare, and lunch are free, but anyone attending needs to register. Details are included on an attachment.</p>		<p>Meeting adjourned at 4:00 Pm</p> <p>Minutes scribed and respectfully submitted by Kathy Swarthout, Yates County Public Health Educator</p>
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